



13<sup>th</sup> February, 2019

Dear Parent/Guardian,

## YEAR 8 PASTORAL PROGRAM WEEK

- Date:** Term 1: Monday, 4<sup>th</sup> March to Friday, 8<sup>th</sup> March, 2019  
**Venue:** College and Tyalgum Ridge Retreat, Tyalgum NSW  
**Transport:** Bus  
**Girls:** Depart: 9.00am Monday, 4<sup>th</sup> March. Return: 3.00pm Wednesday, 6<sup>th</sup> March  
**Boys:** Depart: 9.00am Wednesday, 6<sup>th</sup> March. Return: 3.00pm Friday, 8<sup>th</sup> March  
**Food:** Students should bring their own morning tea on the first day – all other meals supplied  
**Needs:** See attached  
**Cost:** **\$280.00** This will be added to your school fees as a compulsory College activity.  
*All Medical Consent Forms and Permission forms are due by Friday, 22<sup>nd</sup> February, 2019*

This Term our Year 8 students will be participating in week long pastoral program. This will involve a challenging and rewarding three day camp with their peers and teachers along with a two day at school program.

### CAMP PROGRAM

The camp will provide an opportunity for the students to work together in a cooperative manner, and to challenge themselves to move out of their comfort zone while undertaking a variety of exciting activities. This letter provides information about the camp and a student Medical Consent Form that must be completed. We ask that these forms be returned to the College Office by Friday, 22<sup>nd</sup> February, 2019. A list of equipment and personal items required by students is attached and will be posted on the Student's House Announcements Google Classroom.

We look forward to providing the students with an opportunity to challenge themselves, have fun, learn about community responsibility and develop relationships with their peers.

### CAMP EXPECTATIONS

Experience has shown that camps have a significant impact on the lives of the students both at school and at home, and as with all such experiences the students need to enter into the activities in a positive manner. It is an enrolment expectation that all Xavier Catholic College students will attend all camps and retreats.

Students who misbehave or disrupt the Camp by not obeying the requests of school or Camp staff may be removed from the Camp and arrangements made for them to be sent home. All regulations applied by Tyalgum Ridge Retreat, as well as normal school rules, must be observed. The normal school requirements and regulations relating to illegal and illicit drugs, alcohol and tobacco apply.

### SCHOOL PROGRAM

**Boys:** Monday 4<sup>th</sup> & Tuesday, 5<sup>th</sup> March, 2019

**Girls:** Thursday 7<sup>th</sup> & Friday, 8<sup>th</sup> March, 2019

The at school program has been designed to address issues relevant to Year 8 students and will be gender specific.

If you have any questions regarding the pastoral program week, please contact me at the College.

Yours sincerely,

Mr Anthony Condon  
Leader of Student Welfare

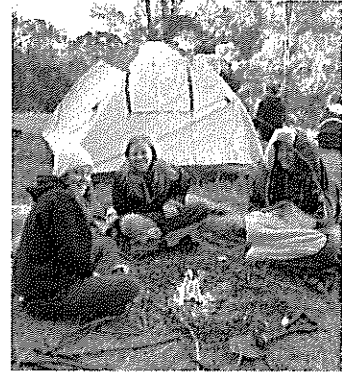


## ✓ Compulsory Items for Day Activities

- 1 waterproof raincoat
- 1 hat (wide brim preferred)
- 1 day pack or backpack
- 1 water bottle

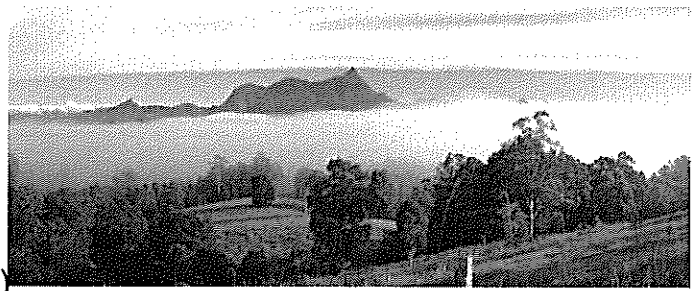
### Clothing

- Personal clothing for all days of camp
- 1 pair boardshorts or swimmers (swimming & canoeing)
- Warm clothes for cold nights
- 1 pair of comfortable walking shoes
- 1 pair of old sandshoes or reef shoes (canoeing)
- 1 pair of shoes to be worn for night times in the building
- 2 towels + bath mat for en-suite(optional)
- Toiletries



### Other Equipment

- 1 torch + batteries
- Camera (optional)
- Insect repellent
- Sunscreen
- Plastic bag for dirty clothes/shoes
- Knife, Fork, Spoon, Plate, Bowl, Mug
- Tea towel
- Pack of cards(optional)
- 5 X-Large garbage bags (for wet gear)
- Personal Medication



*Note: Hiking packs, tents and cooking equipment are provided by Tyalgum Ridge*

### Bedding

- 1 Single sheet set, or other bedding, note extra blankets are in rooms for cold nights
- Sleeping bag for campout
- 1 Pillow slip, own pillow is optional.

*Note: sleep mats for campout are provided by Tyalgum Ridge*

**Please make sure that your items are all clearly marked with your name!**

**Please ensure weight of gear is kept to a minimum!**

### Items Not Permitted

Money, chewing gum, mobile phones, radios, iPod's & mini iPods, Gameboys or any other electrical equipment.

*Please return the permission slip with Medical Consent Forms to the College Office  
by Friday, 22<sup>nd</sup> February, 2019.*

**Year 8 Camp  
Monday, 4<sup>th</sup> March to Friday, 8<sup>th</sup> March, 2019**

**Student's Name:** \_\_\_\_\_ **H/room:** \_\_\_\_\_

I give permission for my son/daughter to participate in the Year 8 Camp to be held at Tyalgum Ridge Retreat, Tyalgum NSW on the above dates.

**Payment information**

I understand the cost of the excursion is \$280.00 and has been added to my school fees.

**Dietary Requirements:** \_\_\_\_\_

**Medical Alerts:** \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name (please print): \_\_\_\_\_

***(Please remember to attach the Medical Consent Forms and  
any relevant allergy or asthma management forms.)***

# XAVIER CATHOLIC COLLEGE

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(\*DELETE AS APPROPRIATE)

As a Parent/Guardian\* of .....

I, ....., give my consent for him/her\* to participate in the school activity as detailed in the attached information sheet. I am aware of the nature of the activity and agree to delegate my authority to the staff and instructors involved.

I accept that the teachers and instructors will take appropriate disciplinary action necessary to ensure the safety, well-being and successful conduct of the students who participate in the activities associated with the excursion.

In the event of any illness or accident, I do/do not authorise the obtaining of such medical assistance as my child may require. I do/do not\* accept all medical treatment, blood transfusions and/or anaesthetic risks involved and the responsibility for payment of any expenses thus incurred.

I include the completed medical information section (below) about my child to assist those who are organizing the excursion.

Signed: ..... Parent/Guardian\*

Emergency contact phone number: .....

## MEDICAL INFORMATION

Does your child have any medical condition or disability which may affect your child's participation in the school excursion? **Yes / No\*** If Yes, please give details:

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Is your child on any prescribed medication(s) which would be required to be continued during the excursion? **Yes / No\*** If Yes, please give details:

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Does your child have any allergies (eg. Insect bites, food)? **Yes / No\*** If Yes, please give details:

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Is there any other information you would like to give which, in your view, may affect your child's participation in the excursion? **Yes / No\*** If Yes, please give details:

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